

# FY2015 CHNA&HIP Progress Report

## Webster County

### Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
1. Make community aware of available behavioral health resources.	1. Hold focus group meeting with area partners requesting input on services provided in community.	
	2. Make contact with United Way to establish a contact person to assist/develop resource guide.	Fort Dodge Community Foundation & United Way have dedicated a staff member to completing a resource guide which is: <a href="http://fortdodgeresources.com">fortdodgeresources.com</a> This was completed with outreach to community members, partners and organizations and has upwards of 125-140 agencies/services listed. Programs are encouraged to contact United Way with any updates. United Way is dedicated to keeping it up to date as well sending out emails to agencies asking for updates annually. This project began as partnership with the YouthNet project initiated through the Fort Dodge Community Schools and United Way.
	3. Update/develop a resource guide listing available providers focusing on behavioral health, addictions, suicide prevention for community-wide distribution.	see above
	4. Completed resource guide will be available on WCHD website as well as distributed to area schools, physicians, and various other locations.	see above
	5. Seek out donations/resources from community partners to help with printing cost and distribution of guide. Have hard copy guide located at ISU extension, WCHD, Public Libraries, & Chamber.	
	6. Updates will be added to directory as needed. Directory will be reviewed annually.	see above

**Webster County****Community Health Improvement Plan**

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2. Increase awareness of services within Webster County.	1. Increase in services provided for drug addiction by _____ %.	there was a decrease in the number of outpatient services provided between Jan 2013-Dec 2014. Jan 2013-Dec 2013 there was a total of 7412 services provided including evaluations, individual and group sessions. In Jan 2014-Dec 2014 it was 5588 services. However, the number of bed days increased from 6104 (adult) in Jan 2013-Dec 2013 to 6610 (adult) in Jan 2014-Dec2014. Adolescent bed days saw a small decrease from 2338 in Jan 2013-Dec 2013 to 2283 from Jan 2014-Dec 2014.
	2. Increase in services provided for gambling addiction by _____ %.	there was an increase in the number of gambling addiction services provided between Jan 2013-Dec 2014. Jan 2013-Dec 2013 there was a total of 7 services. In Jan 2014-Dec 2014 it was 24 services provided. Services include evaluations and counseling sessions.
	3. Increase in services provided for alcohol addiction by _____ %.	there was a decrease in the number of outpatient alcohol addiction services provided between Jan 2013-Dec 2014. Jan 2013-Dec 2013 there was a total of 3463 services provided including evaluations, individual and group sessions. In Jan 2014-Dec 2014 it was 2416services. However, the number of bed days increased from 3152 (adult) in Jan 2013-Dec 2013 to 3305 (adult) in Jan 2014-Dec2014. Adolescent bed days saw a small decrease from 1168 in Jan 2013-Dec 2013 to 1141 from Jan 2014-Dec 2014.

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3. Increase awareness of support for people dealing with suicide attempts or loss of a loved one.	1. Support area supports groups for people to talk about how suicide has touched their lives.	The Fort Dodge Community School District has begun holding grief groups in January 2015. These were held at the Middle School and High School.
	2. Include in resource directory recommendation of Ministerial Association counseling and support services	Included in the resource directory online from United Way.

GOAL	Strategies	Progress on Strategies
4. Increase staff & student awareness/knowledge of common risky choices among college students.	1. Communicate with college president and admin staff about topics of interests and the best way to provide information to staff/students.	
	2. Provide in-service to college staff during fall housing meetings on various topics, such as binge drinking, drug, and violence to self or others.	
	3. Survey students during college experience class to learn what students concerns are with high risk behaviors on campus.	
	4. Provide additional education/follow up to student survey. Education will be provided with college experience class.	Iowa Central Community College is partnering with CFR and the Webster County IPFS project because of the statistics for underage drinking and binge drinking. The collaboration of agencies has begun and will continue.
	5. Offer counseling services to Iowa Central Community College students and staff for gambling addictions	Counseling services continue to be available on-site for college students for gambling addictions and education is done during college experience class
	6. Provide additional resources/support to students/staff as needed	

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GOAL	Strategies	Progress on Strategies
5. Increase education/resources for students grades 5-12 in all public and parochial schools for choosing healthy behaviors.	1. Offer services to school board members.	
	2. Offer additional information/resources during orientation/parent meeting times.	
	3. Offer educational presentations to grades 5-12 on bullying, drinking, drugs, violence to self or others, etc.	Fort Dodge High School staff has been trained on Link Crew and now FDSH is a Link Crew School. This will allow juniors and seniors to mentor freshmen on transitioning into high school. The curriculum works with multiple stages of high school and getting along with others, self confidence, etc. YouthNet has developed other support groups relating to drugs, bullying, drinking and the sub-committees are working with partnering agencies (for example CFR) to continue to build this support within the schools.
	4. Use existing programs such as Character Counts and Dare.	Character Counts is used regularly within the schools county wide (k-12). Multiple activities are done throughout the school year to promote Character Counts including student pillars for students making good choices. Rachel's Challenge works closely with sophomores and has